REPÚBLICA PORTUGUESA

AMBIENTE E ENERGIA

apa agência portuguesa do ambiente

EDITAL DE PRAIA

BEACH REGULATIONS

Under the terms of the Portuguese Law, namely point b) of n.º 6 of article 9 of Lei n.º 58/2005, of December 29th, and also within the framework of articles 5 to 10 of Lei n.º 44/2004, of August 19th, in its current redactions, is published the following information:

1. BEACH ASSISTANCE ZONE (BAZ)

a. Beach name Janeiro de Baixo

b. River / Reservoir / Lagoon Janeiro de Baixo

c. Beach front width (m) 100m

d. Concessionaire Autarquia

e. County Pampilhosa da Serra

2. SERVICES AND REQUIREMENTS

a. Assistance for beach users

The assistance service for beach users is provided daily from July 1 to August 31, from 12:30 to 19:00 hours.

Lunch time from -:- to -:- hours

b. Assistance and surveillance dispositive

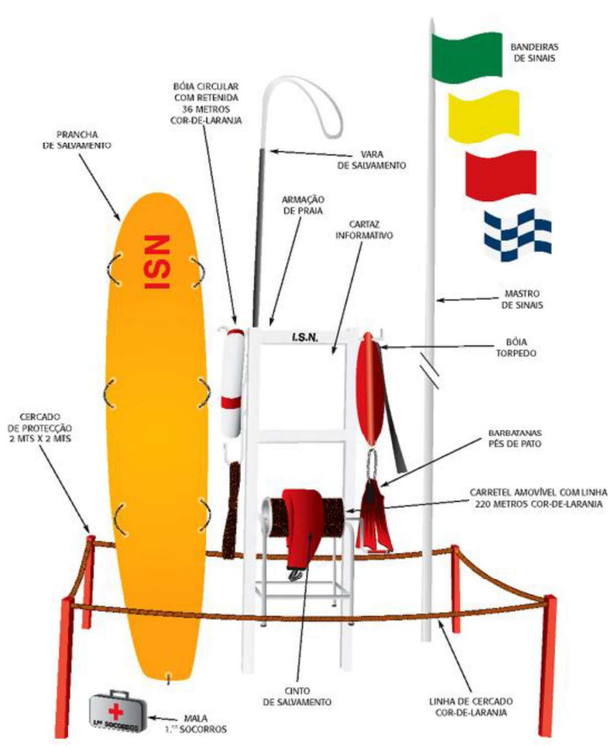
Under the terms of article 30 of the Lifeguard Regulation approved by Lei n.º 68/2014, of August 29th, amended by Lei n.º 61/2017, of August 1st, and of article 32 of Decreto Regulamentar n.º 16/2008, of August 26th.

The assistance and surveillance capacity is provided by

2 lifeguards

c. Materials and beach users assistance equipment

Under the terms of Annex A of Portaria n.º 311/2015, of September 28th, amended and republished by Portaria n.º 168/2016, of June 16th.



Note: Fence if necessary

Meaning of flags:

	Green – bathing and swimming permitted
	Yellow – be careful, swimming prohibited
	Red – danger, keep out of the water
	Chequered – beach temporarily without lifeguard

	Listed – limit of safest bathing zone

d. First aid post

There is aid post in this beach, where emergency treatment is available from 12:30 to 19:00 hours.

3. LIFEGUARDS

Under the terms of Portaria nº 311/2015 of September 28th, lifeguards are citizens qualified with a lifeguard course certified or recognized by the national Institute for Lifesaving (ISN). Lifeguards are responsible to provide safety, surveillance, rescue services, and basic life support, in a range of aquatic environments including ocean beaches, swimming pools and other places where aquatic practices with mandatory surveillance take place.

3.1 The duties of lifeguards

Without prejudice to other duties resulting from the law or from the contract, lifeguard is responsible for:

a. To watch and pay attention to the bathing area, obeying the technical instructions of the competent authorities;
b. To assist and warn bathers for risky or dangerous situations that, in the aquatic environment, pose a risk to their own or third parties' health or physical integrity;
c. To rescue bathers in situations of danger, emergency or accident;
d. To maintain, during the service hours, the presence and proximity necessary to their area of surveillance and assistance;
e. To wear the proper uniform, in accordance with the regulations in force, allowing the identification by users and authorities that they are in the exercise of their activity;
f. To report the emergency situations to the competent authorities, applying first aid, and provide, immediately, the intervention of those authorities to evacuate the victims of accidents that occur in their intervention space;
g. Perform the tasks corresponding to their functional activity and refuse any activities foreign to their function;
h. To Collaborate in rescue drills and awareness actions, upon request from the competent entities;
i. To collaborate, exceptionally, and without prejudice to the fulfilment of its priority duty of vigilance and assistance, in environmental protection operations, as well as in accident prevention actions in public places, shows and entertainment with bathing places, upon request competent authorities.

4. PROHIBITED ACTIVITIES

a. Motor vehicles circulations and parking, outside the places especially assign to that purpose. This does not include emergency vehicles, duly identified, in the course of their duties, or official maintenance/service or other vehicles involved in duly authorized activities;
b. The use of car parks for the installation of tents or the exercise of activities without previous licensing;
c. Caravans or similar may not be installed and used in the car park from 00:00 to 08:00 hours;
d. The use of motorized or non-motorized platform of any kind inside bathing areas. The approach to margin must be made at minimum speed and perpendicular to the water limit;
e. Overflying the beach at an altitude of less than 1000 feet is prohibited, except those in emergency and surveillance service;
f. Windsurfing or other similar activities, in areas reserved for swimmers. The circulation of pedaled, rowing boats and other platforms moved by oars or sails must also keep out of these areas;
g. Recreational fishing outside areas specifically designated for this purpose;
h. Catch plants, shellfish or fish as an economic activity;
i. Sports and recreational activities that throw objects, disturbs or causes discomfort to others, outside the land and aquatic areas specially marked to that effect;
j. The use of audio equipment or making of noise in a way that disturbs or otherwise causes discomfort to others;
k. Any actions or activities that may endanger the beach users or the beach biophysical integrity, like damaging plant life or altering the shape of the land are prohibited;
l. Sell goods as a peddler without previous licensing;
m. Advertising activities outside areas specifically designated for this purpose or duly settled panels without previous licensing;
n. The stay and circulation of animals on the beach, with the exception of certified dogs for assistance to disabled persons;
o. Throw away, drop or leave behind paper, food, cigarette ends, bottles, cans and other waste in the beach areas or facilities outside the bins provided;
p. Throw away, drop or leave behind any glass or sharp objects in the beach areas or facilities outside the bins provided;
q. The stay or circulation on land interdicted areas, ("zonas interditas");
r. Camping outside camping areas;
s. Light a fire in the beach areas.

5. OFFENCES REGIME RELATING TO BATHER ASSISTANCE ON BATHING BEACHES
(Decreto-Lei n.º 96-A/2006, of June 2nd, in its current redaction)

BAZ users

5.1. The BAZ users incur a fine of € 30 to € 100 in case of:

a. Staying or circulation on land interdicted areas ("zonas interditas");
b. Transposing the beach protections barriers, namely those to stop the access to danger or interdicted signalized areas.

5.2. The BAZ users incur a fine of € 55 to € 550 in case of:

a. Non-compliance with the information signs, as established, such as flags, signposts, buoys, the rules contained in the Beach Regulations ("Edital de Praia") and the instructions given by lifeguards in relation to situations which may endanger the danger of third parties;
b. Non-compliance with the legal limits established for motorized and other nautical activities, or engaging in such activities in breach of the instructions of the maritime authorities.

5.3. The BAZ users incur a fine of € 250 to € 1000 (paragraph a.) and € 250 to € 2500 (paragraph b.) in case of:

a. Destruction, damage, removal or dislocation of the beach signs or protections barriers;
b. Motor vehicles circulations and parking, namely cars, motor bicycles, tricycles and four-wheeled vehicles in beaches, outside the places especially assign to that purpose.

5.4. If a corporate person commits the offence, the upper and lower limits of the abovementioned fines shall be raised according to the law terms.

6. SUPERVISION, OFFENCES AND ENFORCEMENT

a. The Portuguese Environment Agency (APA), together with any other which exercise jurisdiction over the BAZ, namely SEPNA/GNR, shall supervise compliance with the provisions of the aforementioned decree-law;
b. The Portuguese Environment Agency (APA), shall have the powers to bring and conduct offence proceedings in relation to offences commited on river and lake beaches.

Lisbon, 01 of july of 2025

THE DIRECTOR OF ARH TEJO E OESTE

Assinado por: **SUSANA CRISTINA VENTURA CARDOSO GOMES MARQUES FERNANDES**
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